

2012 Upcoming Lifesaving Society Courses

NLS Revisions & CPR/First Aid changes are to be implemented between June 1st & December 31st, 2012 by all Lifesaving Society Affiliates, Instructors and Examiners.

UPDATE CLINIC: 2010 CPR-First Aid Guideline Changes – up to 4 hrs

(Required for ALL Instructors & Instructor-Trainers of Lifesaving, First Aid & CPR and NLS levels BEFORE December 31, 2012)

Saskatoon	NEW: March 17 th , 2012	Ph: 780-9255
Locations - TBD	Beginning April 2012	Ph: 780-9255

UPDATE CLINIC: 2012 National Lifeguard Program Revisions – up to 5 hrs

(Required for ALL Instructors & Instructor-Trainers of NLS levels BEFORE December 31, 2012)

Saskatoon	NEW: March 16 th , 2012	Ph: 780-9255
Locations - TBD	Beginning April 2012	Ph: 780-9255

2012 Annual General Meeting for Lifesaving Society (AGM) – up to 1.5 hrs

(Lifesaving Society Instructors may vote AND earn Instructor recert credits)

Saskatoon	NEW: March 17 th , 2012	Ph: 780-9255
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2012 AQUATIC TRAINING SYMPOSIUM ...More details in spring 2012!

Location - TBD	May 2012	Ph: 780-9255
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Aquatic Emergency Care/Cardiopulmonary Resuscitation Level C/Automated External Defibrillation Training (AEC): min 20 to 22 hour course ...updated

(Pre-Req: Comfort in shallow water)

City of Swift Current	February 3-5, 2012	Ph: 778-2735
City of Humboldt	February 21-23, 2012	Ph: 682-1937
YMCA Regina	March 23-25, 2012	Ph: 757-9622
City of Yorkton	April 20-22, 2012	Ph: 786-1740

Aquatic Emergency Care Recertification (AEC): min 6 to 8 hour exam...updated

(Pre-Req: Previous AEC/CPR C or Standard First Aid/CPR C certifications)

City of Regina (Course # 145055)	March 11, 2012	Ph: 777-PLAY(7529)
YMCA Regina	March 25, 2012	Ph: 757-9622
City of Yorkton	May 26, 2012	Ph: 786-1740

Aquatic Emergency Care/Lifesaving First Aid Instructor: up to 20 hr course

(Pre-Req: Previous AEC/SFA & CPR C certifications + optional Lifesaving Instructor certification)

Location - TBD	May 2012	Ph: 780-9255
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Aquatic Supervisor Training (AST): min 10 to 16 hour course

(Pre-Req: Previous NLS & LSI certifications + min 100 hours aquatic experience)

Location - TBD	May 2012	Ph: 780-9255
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Weyburn – Belle's Boating	Training & Testing	Ph: 957-2109
Whitewood – WS Whites Ag Sales&Service	Testing only	Ph: 735-2300 ext 228
Wilkie – Town of Wilkie	Testing only	Ph: 843-2692
Yorkton – City of Yorkton	Training & Testing	Ph: 786-1740

Dwight Soroko	Training & Testing - Twice monthly	Ph: 789-0312
YMCA Regina	Available upon request	Ph: 757-9622

Boat Operator Accredited Training (B.O.A.T.) Instructor: 6-8 hour course

(Pre-Req: Pleasure Craft Operator's Card + Lifesaving Instructor certification – waiver possible)

Location - TBD	May 2012	Ph: 780-9255
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Bronze Star: min 10 to 15 hour course

(Pre-Req: Recommend ability only = Swim Patrol OR 1min tread + 50m swim + comfort in deep H2O)

YMCA Regina	Weekly, 2012	Ph: 757-9622
University of Saskatchewan	January 16 – March 26, 2012	Ph: 966-1001
University of Saskatchewan	February 10-11, 2012	Ph: 966-1001
University of Saskatchewan	March 30-31, 2012	Ph: 966-1001
City of Saskatoon	April 2 – June 4, 2012	Ph: 975-3321

Bronze Medallion: min 18 to 20 hour course

(Pre-Req: Previous Bronze Star certification OR 13 years of age)

City of Regina – Lawson	November 14 - January 30, 2012	Ph: 777-7529
City of Regina - Lawson	November 19 - January 28, 2012	Ph: 777-7529
City of Regina – SSLC	November 20 - February 5, 2012	Ph: 777-7529
University of Saskatchewan	January 19 – March 29, 2012	Ph: 966-1001
University of Saskatchewan	January 27-29, 2012	Ph: 966-1001
YMCA Regina	February 3-5, 2012	Ph: 757-9622
City of Moose Jaw	February 4 – March 31, 2012	Ph: 694-4483
City of Saskatoon	February 21-24, 2012	Ph: 975-3321
University of Saskatchewan	February 22-24, 2012	Ph: 966-1001
University of Saskatchewan	March 9-11, 2012	Ph: 966-1001
City of Yorkton	April 9-11, 2012	Ph: 786-1740
University of Saskatchewan	April 9-11, 2012	Ph: 966-1001
City of Saskatoon	April 20-22, 2012	Ph: 975-3321
University of Saskatchewan	April 20-22, 2012	Ph: 966-1001

Bronze Medallion Recertification: up to 4 hour exam

(Pre-Req: Previous Bronze Medallion & Emergency First Aid certifications)

n/a

Bronze Cross: min 18 to 20 hour course

(Pre-Req: Previous Bronze Medallion & Emergency First Aid certifications)

City of Regina - Lawson	November 17 – January 26, 2012	Ph: 777-7529
University of Saskatchewan	January 17 – March 27, 2012	Ph: 966-1001
City of Prince Albert	January 27-29, 2012	Ph: 953-4829
City of Swift Current	February 3-5, 2012	Ph: 778-2735

Lifesaving Society - Saskatchewan Branch
2224 Smith Street
Regina, SK S4P 2P4

Phone: 306-780-9255
Fax: 306-780-9498
Email: lifesaving@sasktel.net

City of Humboldt	February 3-5, 2012	Ph: 682-1937
University of Saskatchewan	February 3-5, 2012	Ph: 966-1001
City of Saskatoon	February 21-24, 2012	Ph: 975-3321
University of Saskatchewan	February 24-26, 2012	Ph: 966-1001
YMCA Regina	March 2-4, 2012	Ph: 757-9622
University of Saskatchewan	March 16-18, 2012	Ph: 966-1001
City of Yorkton	April 11-13, 2012	Ph: 786-1740
University of Saskatchewan	April 11-13, 2012	Ph: 966-1001
City of Moose Jaw	April 14 – June 9, 2012	Ph: 694-4483
City of Saskatoon	April 27-29, 2012	Ph: 975-3321

Bronze Cross Recertification: up to 4 hour exam

(Pre-Req: Previous Bronze Cross & CPR C certifications)

n/a

Bronze Medallion & Bronze Cross: min 25 to 35 hour course

(Pre-Req: See above for specific Bronze Star and Medallion pre-reqs)

University of Saskatchewan	January 16 – March 28, 2012	Ph: 966-1001
YMCA Regina	February 25-27, 2012	Ph: 757-9622
City of North Battleford	July 3-6, 2012	Ph: 445-1745

Bronze Star, Medallion, & Cross: min 35 to 45 hour course

(Pre-Req: See above for specific Bronze Star, Medallion & Cross pre-reqs)

n/a

Canadian Swim Patrol (Rookie, Ranger & Star): min 8 to 10 hour course

(Pre-Req: Recommended 8 yrs & ability= 1min tread + 50m swim + comfort in deep H2O)

City of Saskatoon	April 4 – May 30, 2012	Ph: 975-3321
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Cardiopulmonary Resuscitation/Automated External Defibrillator Training: 6 to 10 hour course *(depending on level of CPR – A/B/C/HCP)*

Brenda Hamre	Contact for quote - group contract courses only	Ph: 535-3117
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CPR/AED Recertification: 4 to 6 hour exam *(depending on level of CPR)*

Brenda Hamre	Contact for quote - group contract courses only	Ph: 535-3117
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Emergency First Aid/Cardiopulmonary Resuscitation Level A/Automated External Defibrillation Training: 8 to 10 hour course

Brenda Hamre	Contact for quote - group contract courses only	Ph: 535-3117
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Lifesaving Instructor (LSI) + Swim for Life Instructor (S4L) + Examination

Stds Clinic (ESC): 44 hours *(Pre-Req: Past Bronze Cross & CPR C certifications + 16 yrs old)*

YMCA Regina	Available upon request	Ph: 757-9622
City of Yorkton	February 20-24, 2012	Ph: 786-1740
University of Saskatchewan	February 21-25, 2012	Ph: 966-1001
City of Swift Current	March 2-4 & 23-25, 2012	Ph: 778-2739

City of Moose Jaw	March 16-25, 2012	Ph: 694-4483
University of Saskatchewan	April 11-15, 2012	Ph: 966-1001
City of Saskatoon	June 8-10 & 15-17, 2012	Ph: 975-3321
Bengough & District Regional Park	June 15-17 & 22-24, 2012	Ph: 268-2909

Lifesaving Instructor-Trainer (LSIT) Clinic: up to 20 hour course

(Pre-Req: Lifesaving Society Instructor, Examiner & Mentor status – or pending Mentor status)

Call Lifesaving Society Branch Office to place name on course interest list Ph: 780-9255

National Lifeguard Service – Pool option (NLS): 40 hour course

(Pre-Req: Previous Bronze Cross, AEC/Standard First Aid & CPR C certifications + 16 yrs of age)

University of Saskatchewan	January 27-29 & February 3-5, 2012	Ph: 966-1001
City of Saskatoon	January 27-29 & February 3-5, 2012	Ph: 975-3321
City of North Battleford	February 3-5 & 17-19, 2012	Ph: 445-1745
City of Moose Jaw	February 20-24, 2012	Ph: 694-4483
University of Saskatchewan	February 21-25, 2012	Ph: 966-1001
University of Saskatchewan	March 23-31 & April 1, 2012	Ph: 966-1001
City of Humboldt	April 9-13, 2012	Ph: 682-1937
YMCA Regina	April 9-13, 2012	Ph: 757-9622
City of Yorkton	May 4-6 & May 11-13, 2012	Ph: 786-1740
City of North Battleford	May 4-6 & May 11-13, 2012	Ph: 445-1745
City of Moose Jaw	May 18-27, 2012	Ph: 694-4483
City of Saskatoon	May 25-27 & June 1-3, 2012	Ph: 975-3321
City of Swift Current	May 26-28 & June 2-3, 2012	Ph: 778-2735

National Lifeguard Service - Pool Recertification: min 4 to 6 hour exam

(Pre-Req: Previous NLS-Pool certification however if NLS certification is more than 7 years old, taking original NLS course again is preferred)

City of Saskatoon	February 16, 2012	Ph: 975-3321
City of Moose Jaw	February 24, 2012	Ph: 694-4483
University of Saskatchewan	April 1, 2012	Ph: 966-1001
YMCA Regina	April 8, 2012	Ph: 757-9622
YMCA Regina	April 13, 2012	Ph: 757-9622
University of Saskatchewan	April 15, 2012	Ph: 966-1001
City of Yorkton	May 26, 2012	Ph: 786-1740
City of Moose Jaw	May 27, 2012	Ph: 694-4483
City of Saskatoon	June 3, 2012	Ph: 975-3321

National Lifeguard Service – Waterfront option: up to 40 hour course

(Pre-Req: Previous Bronze Cross, AEC/Standard First Aid & CPR C certifications + 16 years of age)

n/a

National Lifeguard Service – Waterpark option: up to 40 hour course

(Pre-Req: Previous NLS-Pool, AEC/Standard First Aid & CPR C certifications)

n/a

National Lifeguard Service – Surf option: up to 40 hour course

(Pre-Req: Previous Bronze Cross, AEC/Standard First Aid & CPR C certifications + 16 years of age)

n/a

National Lifeguard Service Instructor: up to 20 hr course

(Pre-Req: Previous NLS & Lifesaving Instructor certifications + optional Bronze Examiner status)

Location - TBD

September 2012

Ph: 780-9255

Standard First Aid/Cardiopulmonary Resuscitation Level C/Automated External Defibrillation Training: 16 to 20 hours course

Brenda Hamre

Contact for quote - group contract courses only

Ph: 535-3117

Standard First Aid/CPR C/AED Recertification: 8 to 10 hour exam

Brenda Hamre

Contact for quote - group contract courses only

Ph: 535-3117

Saskatchewan Health – Pool Operators Course:

University of Saskatchewan

March 17-18, 2012

Ph: 966-1001

University of Saskatchewan

April 25-26, 2012

Ph: 966-1001

Swim for Life (*Lifesaving Society's learn-to-swim*): Swim to Survive, Parent & Tot 1 to 3, Preschool 1 to 5 or A to E, Swimmer 1 to 6, Adult Swimmer 1 to 3 & Fitness Swimmer

Please contact your local facility for more information

**Please note: The above are just the courses the Lifesaving Society has been notified about; this is not necessarily a comprehensive provincial listing!*

**For a complete list of upcoming courses in your area,
please contact your local facility directly.**