



LIFESAVING SOCIETY

The Lifeguarding Experts

Meet us in Prince Albert!
Provincial Aquatic Conference & AGM
April 19 – 21, 2024

In 2020, the Provincial Aquatic Conference and AGM was planned for Prince Albert. One week before the conference, the world was put on hold as well as our conference due to the COVID pandemic. It's 2024 and we're going to Prince Albert! This is our first conference since the pandemic. We are excited to have everyone join us in person for networking, education, and drowning prevention pride.

The Saturday professional development sessions are for not only managers but also for lifeguards and instructors. Our sessions are designed for both of these groups. Come to Prince Albert, learn, and take to new learning back to apply in your own facilities.

Schedule of Events

Friday April 19th

1:00pm – 5:00pm Affiliate Educational Gathering at Little Red River Park
6:30pm – 9:00pm Steak Dinner Fundraiser at Prince Albert Golf & Curling Club

Saturday April 20th

8:15am Welcome
8:30am – 11:30am Conference Sessions
11:30am – 1:30pm Annual General Meeting and Lunch
1:30pm – 5:00pm Conference Sessions
*Saturday sessions will be at the Days Inn & Conference Centre (attached to the Northern Lights Casino)

Sunday April 21st

9am – 1pm National Lifeguard Recertification – Frank J. Dunn Pool
10am – 2pm Mandatory Trainer Recertification Clinic – Days Inn & Conference Centre

Registration Information

Conference Registration Fees (Friday & Saturday)

- Lifesaving Society Affiliate Gathering – included in conference fee
- Early Bird Conference Registration (on or before March 15th) - \$120.00
- Conference Registration (after March 15th) - \$130.00

Saturday AGM Luncheon is included in the Conference Registration fee.

- Friday Steak Night Fundraiser- \$35.00
- Trainer Recertification Clinic - \$65.00 (lunch provided)

Early Bird Deadline – March 15, 2024

Registration Closes – April 12, 2024

Room Rate for Days Inn: \$154 + tax (A block of rooms has been booked under Lifesaving Society)

Call to Book: 306-922-5000

Conference Details

Session A - Critical Incident Stress Peer Support - 8:30am – 10:00am

Session Leaders: Shelly Howe and Rhonda Young-Pilon

The phone call you never want to receive from your staff: “We just had a major emergency. The ambulance just left the pool and is on the way to the hospital.”

The act of having to perform CPR, treat a major trauma injury, or assist in a medical crisis can lead to an array of emotions for your staff members; most of whom are between the ages of 15 to 20 years of age. How do you support your staff after a critical (major) incident occurs at your facility?

This session will be a combination of a panel discussion and group activities. Meet the Branch’s Critical Incident Peer Response Team and gain an understanding of what the team can do for your staff and the benefits to your staff and organization after a major emergency.

Session B – Lifeguard Recruitment and Retention Focus Group Project – 10:15am – 11:15am

Session Leaders: Ken Bartnik and Shelby Rushton

In December 2023, the Branch commenced a Recruitment and Retention Focus Group Project.

The scope of the project is to establish why lifeguards and instructors stay or do not stay in aquatics and what the determining factors in staying or leaving.

Throughout the coming months, focus groups will be held virtually with lifeguards and instructors from across Saskatchewan.

Be the first to hear the result of the project when Ken and Shelby present their findings. More importantly, be part of developing solutions to finding and keeping lifeguards and instructors and other aquatic leaders that our recreation departments and aquatic facilities cannot do without.

AGM LUNCHEON and SPECIAL GUEST SPEAKER– 11:30am – 1:30pm

Join the Lifesaving Society Board of Directors for lunch as they review with the membership the 2023 financial audited statements and the past year’s activities and events. The presentation of new and continuing Board Members will also occur at the AGM.

National Chief Executive Officer, Bobby White, will be in attendance to provide the Saskatchewan membership with an update about Lifesaving Society Canada.

We also have two special guests that will be sharing their incredible story of survival and heartache after a storm in 2022 capsized three canoes and sent all passengers into the wavy and cold water of Amisk Lake in northern Saskatchewan.

Session 3 - Preventing Harassment and Abuse in Aquatics 1:30pm – 3:15pm

Session Leaders: Bobby White and Shelby Rushton

There has been an increased awareness from the media of sexual misconduct and questionable actions in sport and recreation organizations of late (i.e. Hockey Canada, Gymnastics Canada, Luge Canada, etc.) In this session, we will delve into how to keep our own industry of aquatics from being put in similar situations.

Let's learn together how to keep our lifeguards, instructors, patrons, students, and employers safe and educated on this very important topic.

Session 4 – Calling 911 – 3:30pm– 4:30pm

Session Leader: Kristen Peterson – Dispatcher, Provincial 911 Centre

This session will provide awareness on how the 911 system works and how the dispatchers are trained to guide you through a 911 call. Kristen will also cover the use of VoIP systems when calling 911.

Some lucky participants will also get a chance to do a mock 911 call with Kristen.

Affiliate Gathering Details

The Affiliate Gathering is intended for Affiliate members and specifically those in a supervisory and/or programming role such as recreation directors, pool board members, administrators, pool managers, and head/lead lifeguards.

Affiliate Gathering Sessions will include:

- Prince Albert Health Inspector
 - o preparing for our summer openings
 - o Pool fouling procedures
- Occupational Health and Safety/Aquatic Staff Safety
 - o Training Obligations
 - o Comfort and Safety during lessons
- Program Highlights
 - o Lifesaving Sport
 - o Swim Abilities
- Swim to Survive in Schools
 - o Lauren Haubrich of Prince Albert travelled to Perth, Australia in 2023 and presented to delegates from across the world at the World Conference on Drowning Prevention. Lauren will present again in Prince Albert at the Affiliate Gathering.
- Round Table
- Facility Tour – a tour of Prince Albert's new aquatic facility is being planned for the final hour of the gathering. As the facility is still in construction, we ask that you bring a hard hat, safety glasses, and steel toed shoes. (We will have some of these items on hand as well. Please let us know if you require safety equipment.)